

UnityPoint Health Finley Hospital

Instructions for 24-Hour Urine Collection

Patient Name: _____ Birthdate: _____

Started: (Date/Time) _____ Stopped: (Date/Time) _____

Blood Test Required? YES NO Ht: _____ Wt: _____



THROW AWAY

1. **DO NOT SAVE** the first urine of the day.

2. **WRITE** the **DATE** and **TIME** that you throw away the first urine on the "**Started**" Line (above) and on the **label** on the **jug**.



AND



3. **SAVE** all your urine for the next 24 hours in the jug. (**This step is very Important!**)



4. **KEEP** the jug of urine **ON ICE OR IN** the **REFRIGERATOR**. The last time that you empty your bladder and save the urine should be 24 hours after step 2.



OR



5. **WRITE** the **DATE** and **TIME** of the **last urine** saved on the "Stopped" line (above) and on the **label** on the **jug**. (The "Started" and "Stopped" times should be the same, just 24 hours apart.)



AND



6. You may call us if you have questions or if you need another jug. 563-589-2431

7. Return the entire 24 hour collection to the laboratory as soon as possible. The laboratory's hours of operation are Monday thru Friday 6AM-6PM, Saturday and Sunday 8AM-2PM. The laboratory is also closed on major holidays: Christmas, New Years, Thanksgiving, Memorial Day, Independence Day, and Labor Day.

Note: Your collection container may be labeled with a "Caustic" warning sticker indicating that a strong chemical has been added to the container as a preservative.

Contains a strong chemical preservative that may cause burns to body tissues. It may be fatal if swallowed. Do not get in eyes, on skin or on clothing. In case of contact, immediately flush eyes or skin with plenty of water for at least 15 minutes. If swallowed, do not induce vomiting. Contact a poison control center immediately.